

Your Itinerary

Perfect for families or groups with a range of ages or fitness levels, this fully accessible summer adventure combines exploration of Norway's two largest cities with a natural getaway, including a visit to the waterfall Vøringsfossen and its dramatic 600-foot drop. You'll begin your trip in modern Oslo before driving westward to Eidfjord, home to the stunning Hardangerfjord and the Hardangervidda National Park. End your trip in charming Bergen, the colorful and historic Hanseatic city known as the gateway to the fjords.

Brief Itinerary

Day	Highlights
Day 1	Arrive to Oslo
Day 2	Oslo City Tour
Day 3	Drive to Eidfjord
Day 4	Explore Hardangerfjord
Day 5	Drive to Bergen
Day 6	Bergen City Tour
Day 7	Depart Bergen

Detailed Itinerary



Day 1: Arrive to Oslo

Welcome to Oslo! Norway's rapidly growing capital is still considered a small city, helped by the fact that it's surrounded by mountains and sea. Not only is the city center made for walking, but outlying neighborhoods — filled with charm and character — are easily accessible by public transportation, so jump on a tram, train, or bus and explore all of what Oslo has to offer.

Suggested activities include:

- Take a half-day and wander around Aker Brygge, an area on the Oslofjord made up of beautiful, modern buildings where you can find bars and abundant nightlife. It acts as a sort of courtyard for the city of Oslo and brings together both tourists and locals alike to enjoy the great food, atmosphere, and entertainment.
- Spend the afternoon visiting the Viking Ship Museum and the Norwegian Open Air Folk Museum by way of public transportation. Both museums are in the same area, so they pair well together!

- Walk along the Havnepromenaden (harbor promenade) — a new five-and-a-half-mile waterfront park, which combines sightseeing, history, art, architecture, and a little bit of adventure.
- Visit the Vigeland Sculpture Park, where 200 larger than life sculptures are placed throughout this green lung in the middle of the city.

For dinner, wander around the city's historic core buzzing with restaurants and cafés that stay cozy in cold weather, with several options that offer outdoor seating during summer months.

Stay overnight in Oslo.



Day 2: Oslo City Tour

The opportunities for experiencing culture in this amazing Scandinavian city are endless! Oslo is located in the heart of Norway between the water and evergreen forests — and though it's the capital of Norway, it only takes 30 minutes to travel from one end to the other on its metro system.

If you really want to feel like a local and experience all that Oslo has to offer, hook up with a local guide and get an exclusive tour around town. Here are a few ideas that past travelers have enjoyed:

 Akerselva River Walk (4-5 hours): On this tour, you'll take the tram to the Akerselva River, an important waterway which offers an abundance of local history. You will start with the Norwegian Museum of Science and Technology (on the north side of the river) and then head south to the Labour Museum (part of the Oslo City Museum) while your guide shares stories about the heart of Oslo's history. The river is five miles (8 km) long and passes waterfalls, swimming areas, forested areas, and wildlife, so bring your camera!

- From Fjord to Forest (full day): This outdoorsy tour takes you to a beautiful island just outside
 Oslo's harbor, reached by tram in about 30
 minutes from the city center. No cars are allowed here, so the island is full of recreation options.
 Choose an activity depending on the season, or simply walk around one of the lakes while your guide shares local history.
- Holmenkollen Ski Jump (2-3 hours): If you have less time to spare, this tour heads for a popular area called Holmenkollen, where a wooded range of hills can be reached by light rail from the city center in about 35 minutes. Open year-round, the Holmenkollen Ski Museum & Tower presents over 4,000 years of snow sports, polar exploration, and an exhibition on snowboarding and modern skiing. Head for the observation deck offering panoramic views of Oslo, and then walk down to the ski jump while your guide shares stories about local trolls, legends, and castles.

For dinner, if you're looking for Oslo's trendiest local scene, head east for Grünerløkka, which many inhabitants refer to affectionately as "Løkka." This once-run-down sector of Oslo is now the site of refurbished apartments, fashionable cafés, and hip restaurants.

Stay overnight in Oslo.

Meals included: Breakfast



Day 3: Drive to Eidfjord

Spend a little time after breakfast for any last-minute sightseeing or souvenir shopping in Oslo before you head out of the city towards natural surroundings.

The beautiful five-hour drive to Eidfjord — a village on the edge of Hardangerfjord — is 192 miles (310 km) long. Along the route, stop at the mountain village of Geilo for a break from the car. There are several hiking trails for every age and fitness level — some that are short (less than two miles / three km), so lace up your boots and pack a picnic. For an easy activity, take a spin on the summer chairlift with panoramic views of the region.

Get back on the road and continue your drive to Eidfjord. If there's time, head straight for one of the area's natural highlights: Vøringsfossen, one of Norway's most spectacular waterfalls, before dinner in the Eidfjord area.

Stay overnight in Eidfjord.



Day 4: Explore Hardangerfjord

Eidfjord is an excellent starting point for numerous small trips, either on the water of the Hardangerfjord or on foot in the Hardangervidda mountain plateau. Some activity ideas:

- Hardangerfjord cruises sail between Eidfjord and Ulvik several times a day. Plan around three hours for a round-trip sail.
- Rent a kayak to explore the Hardangerfjord on your own, or join a half-day or day-long group tour.
- Stop at the Norsk Natursenter (Norwegian Nature Center) to learn more about the area's flora and fauna before setting out in the flat and gentle river terrain of Hardangervidda National Park. Pick up a map with hiking routes here or in Eidfjord's tourist office.
- Visit the Kjeåsen mountain farms, a small settlement built under impossible conditions, to celebrate the fortitude of the region's intrepid settlers.

Stay overnight in Eidfjord.



Day 5: Drive to Bergen

Enjoy breakfast at your hotel before driving 2.5 hours to Bergen, about 95 miles (153 km) from Eidfjord. Situated on Norway's west coast, this small wharf city (one of the oldest port cities in Europe) is surrounded by ocean, mountains, and fjords, including Sognefjord, the country's longest and deepest.

Explore the town on your own or meet up with a guide for a local tour of Bergen -- the second largest city in Norway, with about 300,000 residents. Rich in culture and seafaring history, this city boasts a vast selection of cultural and outdoorsy activities.

- Be sure to take the Fløibanen funicular (or hike the trail on foot) to the top of Mount Fløyen -one of Bergen's seven peaks -- for the best views of the city, and take a leisurely stroll back down the path while discovering hidden troll sculptures along the way.
- Check out the Bryggen area of downtown to view old wooden houses dating back to the 1700s (a protected UNESCO World Heritage Site), along with Bergen's best historical sites and museums. For a rest, stop in one of the charming local cafés and bakeries.

The cobblestoned streets are compact and walkable, so get out and explore Bergen's lively restaurants and nightlife, thanks in part to a young student population.

Stay overnight in Bergen.



Day 6: Bergen City Tour

Bergen has more to offer travelers who want a truly local experience. Here are a few suggested day tours and activities that can be arranged with local guides:

- Walk through history: The hike starts from the city center and travels through narrow streets up to the mountainside known as "Sandviksbatteriet" with spectacular views over the city. From here, the trail takes you to a small, hidden cabin from World War II. During the hike, your local guide will offer local stories of Bergen's history and culture.
- Hike three of seven mountains: On this trip, you
 will have the opportunity to climb three of the
 seven mountains surrounding Bergen: Mt.
 Ulriken, Mt. Rundemannen and Mt. Fløyen.
 Lunch will be served at a nice spot along the trail,
 including Norwegian "Kvikklunch" with coffee or
 tea.
- Boat to Mostraumen: This day-trip departs from Bergen's port and takes you through a deep fjord to Modalen, which is one of the smallest municipalities in Norway with about 380 residents! You will sail along Osterfjorden and pass steep mountains and spectacular waterfalls.
- Mt. Ulriken zip line: This fun zip line adventure through hilly forests is located close to the city center.

Stay overnight in Bergen.



Day 7: Depart Bergen

It's time to say farewell to Norway! Enjoy your last moments in this beautiful city with a leisurely breakfast, neighborhood stroll, and/or souvenir shopping before you head to the airport for your return flight home.

Meals included: Breakfast



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